

AFTERCARE INSTRUCTIONS

LIPS

It is important to try not to get the tattoo wet during the healing process (5-7 days). Even though it is unlikely that the tattoo will remain dry for the entirety of the healing process, please refrain from swimming or submerging the area in water for long periods of time for the first week of healing.

DETAILS:

- Use Aquaphor to keep the tattoo protected while it heals and to soothe any discomfort such as itching or dryness. Apply Aquaphor every 30-60 minutes for the first week to keep the lips from drying out.
- Avoid applying lip balms, lipstick or other lip products during the healing process. AVOID touching any tattooed area with your hands. Apply all recommended products with an applicator brush or q-tip ONLY. If the area must be touched with your hands, make sure you thoroughly wash your hands before and after touching the tattooed area.
- Day 304: When the scab starts to appear, DO NOT wipe - only dab until dry; you must be gentle. DO NOT pull the scabs off prematurely.
- Week 2 or 3: After the procedure is completely healed, you may go back to your regular cleansing and makeup routine. Avoid scrubbing the area. Use sun block after the procedure area is healed to protect from sun fading.

DO NOT:

- Scrub, rub or pick at the epithelial crust that forms. Allow it to flake off by itself. If it is removed before it is ready, the pigment underneath it can be pulled out.
- Use any makeup on the tattooed area for at least 7 days.
- Use any Retin-A, Glycolic Acids or Neosporin on the tattooed area during or after healing.
- Expose the area to sun or tanning beds
- Swim in a pool/lake/ocean for 14 days after your procedure.

WHAT IS NORMAL?

- Mild swelling, itching, light scabbing, light bruising and dry tightness - Ice packs are a nice relief for swelling and bruising (cover the area with plastic wrap prior to icing) and Aftercare ointments work well for scabbing and tightness as well.
- Too dark and slightly uneven appearance - After 2-7 days the darkness will fade, and once the swelling dissipates, unevenness usually disappears. Adjustments will be made for any unevenness during your touch-up appointment.
- Color Change or Color Loss - As the procedure area heals, the color will lighten and sometimes seem to disappear in places. This can be addressed during the touch-up appointment, which is why touch-up appointments are necessary. The procedure area has to heal completely before we can address any concerns.
Healing takes about 4-6 weeks.
- A Touch-Up Months Later - A touch-up may be needed 6 months to 1 year after the first touch-up procedure depending on your skin, medications and sun exposure.



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