



EYELINER EYESHADOW AFTERCARE INSTRUCTIONS

DAY 1 (Day of the Procedure)

- DO NOT touch the eyes.
- Before you go to bed, you can ice the eyes by applying it over a clean cloth but DO NOT apply ice directly to the skin.
- DO NOT wash the eyes, try to keep them dry.
- If the eyes are swollen, you may take a ibuprofen or something similar.

DAY 2

- The eyes may be swollen the day after the procedure, which is a normal reaction.
- The swelling should start going down during this day and the eyes should be looking better by the end of the second day.

DAY 3

- If the skin feels very dry by day 3, you can apply a very thin layer of Aquaphor Healing Ointment .
- DO NOT apply too much to avoid adverse reactions.
- Wash your hands before applying the ointment.

ADDITIONAL NOTES

- During Day 1 to Day 7 or even longer; Avoid water (for the PMU Area), makeup excessive sweating.
- No pools, saunas, lakes, swimming
- No sunbathing
- DO NOT peel off the scabs as you may cause scarring
- DO NOT apply anything besides Aquaphor ointment or Grapeseed Oil
- During the 4 weeks after the procedure it is best not to use creams that contain acids or ingredients that will lighten or exfoliate the skin.
- The touch-up is best to be done 6 weeks after the initial session. This will allow extra time for proper healing